

Ask Izzy is a website that connects people in need with housing, a meal, money help health and wellbeing services, family violence support, counselling and much more.

**Ask Izzy** - <https://askizzy.org.au/>

Referral Services –

Organisation	Contact	Location	Services
Act for Kids	07 3357 9444	Wooloowin	Counselling for children and their families who have experienced trauma or those at risk of harm
Beyond Blue Kids helpline	1300 224 636	State-wide	Young people telephone counselling
Brisbane Sexual Assault Service	07 3636 5207	Woolloongabba Nundah	Sexual assault counselling Free of charge Operates from RBWH (Herston)
Women's Infolink	1800 177 577	State-wide	Information and referral service on issues affecting women's wellbeing across a range of topics including health, employment, legal services, and domestic violence
Women's Health and Equality Queensland	1800 017 676	State-wide	Counselling, therapeutic groups and women's health services
Sexual Assault Helpline	1800 010 120	State-wide	Victim support
BRISSC – Brisbane Rape and Incest Survivors Support Centre	07 3391 0004	Fortitude Valley Chermside	Provides support for women (15+) that are survivors of sexual violence
Centacare	Family Relationship Centre, Chermside 07 3624 0100  Relationship Services Brisbane Metro 07 3251 5000	Fortitude Valley Chermside	Counselling Marriage and relationship Domestic and Family Violence Prevention Family disputes Resolution Community Programs Mediation services
DV Connect	1800 811 811 (women) 1800 600 636 (men)	State-wide	Domestic violence support crisis accommodation
Women's Legal Service	1800 957 957 1800 457 117 (Rural, Regional and Remote)	State-wide	Legal support (family law and domestic violence)
Legal Aid Queensland	1300 65 11 88	State-wide	Legal advice
Domestic Violence Resource Service	4953 1788	Mackay Region	Domestic violence support

North Queensland Domestic Violence Resource Service	4721 2888	Townsville	Domestic violence support
Domestic Violence Action Centre	4642 1354	Toowoomba	Domestic violence support
Headspace	1800 650 890	State-wide	General and family counselling
Lifeline	13 11 14	State-wide	Crisis support Suicide prevention
1800 RESPECT	1800 614 434	State-wide	Sexual assault counselling Family violence counselling
Sandbag	3269 0277	Bracken Ridge	DV Counselling for women and children
Salvation Army Counselling Services	3349 5046	Stafford	General counselling services Personal relationship counselling Family counselling Child counselling Abuse issues counselling Loss/Grief counselling
Suicide Call Back Support	1300 659 467	State-wide	24/7 hrs telephone counselling for people affected by suicide
Stand By	0418 150 180		Support after suicide
The Samaritans	1800 198 313	State-wide	Crisis support Suicide Prevention
ADIS	1800 177 833	State-wide	Substance abuse support service 24/7 hrs
Lives Lived Well	1300 727 957	Spring Hill	Counselling for people with drug and alcohol addictions
Drug ARM	1300 656 800	Brisbane South	Alcohol and drug treatment service
QuiHN	1800 172 076 3620 8111	Bowen Hills	Support for drug dependencies
Gambling Help Line	1800 858 858	Nationally	24/7 Gambling information and support service

Emergency Housing Assistance –

Organisation	Service	Areas covered	Contact
Homeless Hotline	Referral service for people experiencing homelessness or risk of homelessness	State-wide	1800 474 753 24/7 hrs
Safe Haven Community Crisis Accommodation	Provides safe secure crisis accommodation for women and children escaping domestic abuse or low-level coercive control	State-wide	1800 042 836
Australian Red Cross Society	Low cost acc. for disadvantaged people	Milton – CBD	3367 7222 Or 1300 554 419

Brisbane Youth service	Crisis housing for young women 12-25	Carina Heights (southside)	3620 2452
Carers Link	Emergency acc. for adults or children with a disability (short or long term)	Wynnum	3901 1165
Clayfield House	Supported acc. for those with mental health issues	Clayfield	3262 8273
Pindari Services	Crisis and emergency acc. for men and women	Spring Hill	3832 1491
Gateway community group	Temporary accommodation for families	Murarrie	3890 8122
New Hope House – Teen challenge QLD	Emergency acc. for men between 16 and 25	Gaythorne	3422 1500
Southside community care Inc.	Short term crisis acc. for families	Upper Mt Gravatt	3343 1441
Women’s House	For women and accompanying children escaping domestic violence	Withheld	3391 0005
Zillmere family accommodation program	Short to medium term accommodation for families where rent is calculated on income	Zillmere; Aspley Boondall; Geebung	3865 2880
Insync Youth Services	Nathanael House provides temporary supported acc. for young people between 16 and 18 years	Mr Gravatt	3849 4038
Inala Family Accommodation and Support Service Inc	Temporary crisis supported accommodation for families with children under 16 yrs.	Inala	3372 7188
Northwest Youth Accommodation Service Inc	Housing support for people aged 16-25. Rent charged at 25% of income.	Mitchelton	3855 5233
HART 4000	Providing assessment and referrals for those at risk of homelessness	Fortitude Valley	3004 0100
Women’s Homelessness	Acc. for women 16-25 years (single or with children under 4 yrs)	Chermside	General – 3377 3111 Intake – 3377 3110
YFS Connect	Crisis accommodation and short-term housing or shelters	Logan	3826 1500
Youth Residential Rehabilitation	Transitional residential rehabilitation program provides accommodation for people over the age of 16 that require support to recover from mental illness in a safe home-like setting	North Queensland	1300 286 463
Street Outreach Service	Mobile outreach program to support people or are experiencing homelessness or risk of homelessness	Toowoomba	1300 656 800
Community Access and Short-Term Accommodation	Provides community access and short-term accommodation for people with disabilities with an NDIS plan	Darling Downs	4687 7771
Social Housing	Provides access to secure and affordable rental properties for families and singles	Toowoomba	1800 623 435
Women’s Shelter	Short term accommodation for women and children who are homeless	Townsville	1800 846 643

Emergency Housing – Townsville Housing Service Centre	Short term accommodation and access to emergency accommodation for families and singles who are homeless or at risk of homelessness	Townsville	1800 806 197
Social Housing – Mackay Housing Service Centre	Provides access to secure and affordable rental properties for families and singles	Mackay	1800 069 237
Lowanna House	Women and children who are homeless or at risk of homeless and who are escaping domestic violence	Mackay	Referral required through Mackay Women’s Centre - 4953 1788